



BINDING
THE
UNBIND

A Collection of Poems by

Radhika Kehalkar

Himalaya Publishing House

ISO 9001:2015 CERTIFIED

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FOREWORD

The human heart it is said is roughly the size of a human fist. Yet, it is perhaps one of the most uncharacterized areas of the world.

The mosaic of emotions that this fist-shaped organ is able to contain within its recesses is truly a marvel. It is these very emotions – love and longing, joy and sorrow, the gift of family and friendship, the innocence of young love, the heartbreak of first love, the inevitable scars of life that are captured within the pages of this collection of poems. Probably, the most remarkable feature of these poems is that this spectrum of human emotions has been captured by one so young in years, all of 21 years. Poetry is the closest that we humans will ever get to the divinity that in music. To capture meaning and rhythm in the cadence of words is a commendable task for one so young and hence must be both admired and encouraged.

I wish the young creator of these poems the very best for her literary journey and thereafter journey of life.

Neena M. Nair

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PREFACE

The heart, mind and soul are trapped in the three “U’s”: unexpressed feelings, unsaid words and unforgettable memories. We often wonder, “Whom should I listen to – my heart or my mind?” But we forget that our heart and mind both want the same things, both want to be happy. It’s we, who create opinions, we who take the wrong call and we who make ourselves sad.

Love being the foundation of every emotion all other emotions flow from it. We get angry because we expect and we expect because we love.

No doubt in life having a career and making money are all important but we can focus on all these things when we are mentally strong and we can be mentally strong if our emotions are our strength and not our weakness.

My writings are all about what one should have done instead of what one did not. I didn’t start writing because I was very good at literature or because my imagination was too strong. I simply started writing because I couldn’t keep all these emotions buried within me. And then eventually I realised that I am not the only one. Most of us are dealing with the three U’s of life.

I have over the years realized the power and magic words contain. The poems in my book are to connect the reader with emotion at every stage of life, whether your life partner or your friends or your family or in a nutshell just anyone who matters to you in some way or the other.

I hope that while you glance through the book, my writing helps you to bind your unbound relations with your loved ones. We underestimate the power of expression. I believe you should express whatever you feel in any way that you are comfortable. Let it out of your system, 'paint it out', 'dance it out', 'talk it out' or just 'write it out' but bring it out of you before it takes you inside it.



Radhika Kehalkar

ACKNOWLEDGEMENTS

The present book is a collection of poems written by me over the past few years. During this period, I have been inspired by many forces around me. My family, my teachers and my friends have always been an integral part of my life. The discussion with each one of them has helped connect the dots of emotions at every stage of life. And that is how I realized that each one of us have similar stories yet all different in their own way

‘Accept the bad with gratitude’, a teaching learnt during school has stuck with me since then. I am grateful for the tears I shed because they taught me how to smile, for all the criticism and pain I received because it made me stronger and confident than ever before.

Abraham Lincoln rightly said, “All that I am or hope to be I owe to my angel mother” is what even I believe in wholeheartedly. A thank you will never suffice to express my gratitude towards my mother. She is the one who encouraged my love for the written word and writing.

I consider myself fortunate for having the support of my mother, my brother, my entire family and friends. Thank you god for being present in various forms and guiding me in different ways every time.

I am indebted to Himalayan Publishing House Pvt. Ltd. for accepting the publication of my book and providing me with all the support I need.

Radhika Kehalkar



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Love Confession

*I have no fear when you are by my side
There is not a single thing I would hide
I want to be with you all day and all night.
Don't know if this feeling is wrong or right
I'm not sure if this will last forever
But for now can we just stay with each other
I have fallen in a mess
Yes, its love I confess!
I promise to never leave you.
Because I want to grow old with you.
So now let the eyes do the talking
Together down the lane we'll do the walking.
Will you take a step towards this dance?
Would you give my feelings a chance?*

Cold Summers

*He was the king of the summers,
She was the queen of the winters,
He wanted to touch her cool breeze,
She wanted to be in his warm arms and break the freeze!
She liked the snow but she liked the Sun even more,
The summer was proud of his light but he wanted to
dim only at her door.
Poles apart from each other.
They attracted one another.
Such was the love of the king and queen,
Immortal their love story has been.
He was the king of summers,
She was the queen of winters!*

Mother

You fooled about your incomplete homework.

You hounded her to get good grades in your term work.

You ate in her class.

You even peeped into your friend's paper to pass.

Well what do you really think?

She was unaware of all this or just ignoring it in a blink.

She knew it all,

but she also knew it was a part of growing up after all!



You and I Friends Till We Die

You and I,

Friends till we die.

I don't need to make any promise to you

For promises break but my love for you will never fade

Two guys are not friends they are brothers.

*Two girls are more than best friends, they are
soul sisters*

A guy & girl are not just friends but soul mates.

Friendship is just one relation,

That holds us with love in every emotion!

You and I,

Friends forever and ghost partners after we die!

You and I at Different Places

You and I at different places

Trying to fill each other's empty spaces.

I understand that you have your priorities set.

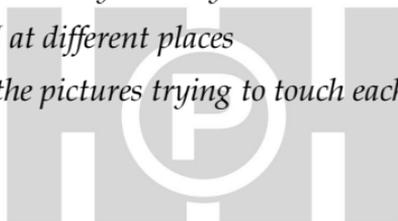
*But still we will make this long distance, work with
no regret.*

*Because there is one thing,
that matters to me.*

And that's I love you and you love me!

You and I at different places

Through the pictures trying to touch each other's faces



Insomniac Love

He thought he was being an insomniac.

*When he realized that he remained awake in the night
so black.*

His heart then told him the reason why he couldn't sleep.

*It then struck through him about how he was lost in her
thoughts, so deep!*

All day his eyes searched for her

And all night his heart kept beating for her

Everything around him pulled him towards her

He was attracted like a magnet to her.

She had made place in his mind, soul and heart.

Unknowingly she had become his life's greatest part.

Such was his insomniac love

For he had fallen crazily in love.

Love Knows no Creed

*Love knows no creed,
It is beyond any kind of greed!
The borders don't separate two states,
It's the religion made by us that closes two hearts gates!
Ideally, there is just one religion and one god,
The one that resides in our heart.
Love knows no race.
It accepts you with true grace.
Does it matter if you are brown, black or white.
Everyone's blood is red, if humans don't understand
each other who might?
Love knows no caste,
It wants relationships to last!
God created just one heart within us all,
To fill it with love not to build a racist biased wall!
Love knows no creed,
It is beyond any kind of greed!*

The Same Me and the Same You

*The same me and the same you,
Had no idea, we would be so close when I first met you,
From being kids to being teenagers!
Now watching Games of Thrones
Instead of Power Rangers!
Fights, jokes, pranks and the crazy us,
Every journey with you is like an adventure.
The crushes, the heartbreaks all would have been
difficult to handle without you,
You are among the true friends who are few!
The same me and the same you,
I will always love YOU!*

Loving the Hate

*Hate can be conquered only by love,
War can be stopped only by a Dove!
Fake things don't last for long,
Real souls forever stay strong.
Remember that good deeds always win over bad,
One should do things that make one happy and not sad.
There is always a right and a wrong side to everything,
It's one who must decide to which one they want
to cling.
Hate can be conquered only by love,
War can be stopped only by a Dove!*

Learn to Live

*Everyone running to achieve their goals,
Everyone has to die one day leaving behind their souls,
One needs to work hard to achieve something,
But work is just a part of your life and not everything!
Isn't it an irony that you are killing yourself to survive?
Its good to plan your future but don't spoil your '25'
because nobody knows if you will be alive at fifty five.
Live in your present, live in today
Because once tomorrow begins there will be
no yesterday
One life and a lot to do,
But before that learn to LIVE TOO!!*

It is Time to Let Go

I love her but I know,

That I have to move on and grow.

I love her but I know,

She's not good for me anymore.

I love her but I know,

*She's not the one who would walk with me through
the snow.*

I love her but I know,

It's time for me to let her go!!'



Heart Break

*For her, he kept his ego aside,
When she needed him, he was by her side.
She used him, she broke him,
That was the last time,
That he had been in love with someone,
And the first time he decided to trust no one!*



Two Streams

*He was a science student,
Who, believed in law of attraction.
She was a commerce student,
Who did not reveal the accounts of her emotion
The love in his eyes could not be proved,
By any mathematical derivation.
And for her increasing heartbeats,
There was no statistical representation!!
Even the two streams couldn't define this relation,
But it was love leading them to the same destination*

Start Anew

*Awake all through the night, waiting for the
morning light.*

*Holding her soul together and gasping in the dark.
Along with the thundering and the lightening spark.
Tears rolling from her eyes to her pillow,
With her every breath, his each memory she
would swallow!*

*Holding her broken pieces together,
As the sun rose she wiped her tears,
And stood to a new start altogether!!*



Colourless Love

*Coal is black and diamond is white,
But they both have carbon in it.
Just like our external appearances are not the same,
But we all have blood in our veins!
So why do we differentiate?
Why do we blame our fate??
Our nature cannot be defined by the colour of our skin,
Look at each other's hearts and not faces, that's where
love will win
Love is colourless, it is blind
It is one emotion with which two souls are bound*

Respect Her

*Her Body is not a fresh piece of meat,
Her body is a temple and your head should be at her feet.
She is not meant for eve teasing or rape,
Without her permission you cannot touch her drape.
She is the one who has the ability to give birth to a life.
She is somebody's sister, daughter or wife.
Don't dare to put your hands on her,
She has the power of a goddess to kill any monster!!*



Another Fall

She tried to run away from her past.

She thought she moved on at last.

For all she knew,

History was repeating itself again,

But this time with another person,

However, what didn't change was the pain!!



Thorns and Roses

A rose was all he wanted to give her.

A 'Yes' was all he wished to hear from her.

He then thought he would,

Kiss her on her forehead.

For her 'No' turned the red rose to dead.

For the thorns were the only thing that stayed!

He realized that the rose petals fade away

But the thorns that give pain always stay

He learnt a new lesson that day

*That love is not just a bed of roses but also a thorn that
stings life in its own way*